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# Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention)

CHOOSE HEALTHY WAY TO PREVENT CANCER

**OUTSMART  
CANCER**



PROVEN CURE FOR BEATING CANCER WITH HEALTHY  
NUTRITION AND VITAMIN

**B17**

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## Synopsis

Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17

Evidence suggests that Cancer is a modern, man-made disease caused by environmental factors such as pollution and diet, as we go back through the journals of time and examine medical evidence from past civilizations instances of cancer seem highly rare. Obviously there are a number of reasons why that could be the case given that the way in which we are able to pin point cancers with accuracy in modern times is worlds away from those applied in the past however the fact remains that instances of the disease have increased dramatically in recent times. The ever-growing number of cancer cases occurring nowadays and its yet undiscovered cure should pose as a warning regarding our lifestyle. The best way to outsmart cancer is actually by preventing it from happening in the first place. Nobody is safe from the growing of a tumor. While everyone is aware of some well-known cancer types or carcinoma, such as lung cancer, breast cancer, ovarian cancer, there are several unknown others equally threatening, like colon cancer, cervical cancer, thyroid cancer or lymphoma. The ways oncology uses to treat patients, although somewhat effective, are still in many ways painful. Treatments like chemotherapy or radiation therapy have negative side effects which can be avoided by natural, smoother ones. Key way to strengthen our immune system is through a healthy nutrition. Exercising and dieting are crucial elements in this process. The natural cure for cancer might just be in our eating habits. Some vitamins, like Vitamin B17, are crucial when maintaining a dynamic organism, meaning our diet should be composed by certain elements in order to strengthen our health. Therefore, you need to be guided through what to eat during your meals, so as to keep cancer far away, even the ones you might think you're safe from, like pancreatic cancer, testicular cancer, prostate cancer or skin cancer/melanoma. This eBook contains all the information you need regarding the easiest ways to prevent cancer, including what to avoid and what to empathize on in your everyday routine. Here's a preview of what you'll learn...

Cancer Background  
Cancer Prevention Rather Than Cure  
Our Everyday Diets  
Cancer Fighting Foods  
Foods to Avoid & Sugar Alternatives  
Vitamin B17 - the cure!

Tags: cancer, health, diet, vitamin b17, nutrition, cancer, coping with cancer, cancer cure, cancer cures, cancer books, cancer prevention, cancer preventions, cancer awareness, pancreatic cancer, lung cancer, prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, leukemia, lung cancer, lymphatic, prostate disease, skin cancer, prostate health, colon cancer, cancer free, cancer killers, cancer is not a disease, cancer memoirs, disease, coping with death, coping with anxiety, coping with stress, coping with fear

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## Customer Reviews

Good common sense approach to living a healthy life. Giving you the ability to stave off a lot of illnesses including the dreaded "cancer". I've known people in real life who have beaten cancer by switching to organic everything and eliminating as many toxins as humanly possible from their lives. I don't know about the Apricot pits. This has been called a hoax or scam for at least 20 years. Maybe they've done some controlled research on this since. I don't know. I'd need to research it.

I enjoyed reading this book; however, I was looking for specific suggestions to help a cancer patient friend; It was good info and history and what ways you could help cure cancer but never mentioned brain cancer, which I know is devastating. For general information it was okay.

I appreciated the lists of sources of B17. The typos were distracting and annoying. I don't doubt that you can cure cancer through diet but it's hard to take this information seriously when it is so poorly written.

Nothing really new for in f o on what's been mentioned in the news media but is specific on what to

avoid.

Good information you are what you eat

So interesting, good for prevention, thank so much, I hope every body read this book, for eat healthy and better

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